

DRAWING AND PACKING BLOOD SAMPLE(S)

DRAWING THE SAMPLES:

Label the tube with the full name (last, first, middle) of the individual you are drawing and their birthday. Please try to fill three green top tubes (sodium heparin) or three yellow top tubes (ACD) (7 cc per tube, approximately 21 cc total) for each adult. For small children, please draw 5-8 cc total. After drawing, invert the tube several times to prevent clotting.

FOR INTERNATIONAL SHIPMENTS:

The following paragraph is required for Customs. This must be put on the box in order for prompt expedition and preferably in the English language. This paragraph must be attached on the exterior of the box so it can be read without opening the package.

This package contains human DNA/blood samples being transported in a vial with no media. This is non-contagious, non-infectious, and for research only. It contains no animal origin or additive and is for genetic research.

PACKING SAMPLE(S):

Place the filled vacutainer tube(s) into styrofoam shipping box and seal tightly with tape. Place the sealed Styrofoam box into a Ziploc bag and seal tightly. Place the sealed bag in the cardboard shipping container along with the completed consent form(s). Seal the exterior cardboard box with tape. Please Fed Ex the package to the enclosed address.

SEND THE BLOOD AT ROOM TEMPERATURE; DO NOT SEND IN ICE OR DRY ICE.

As soon as you send the package please email the information of the delivery company and the tracking number of the package so we can track it.

Please email to brugada@mmrl.edu

Please try to send all blood samples Monday through Wednesday. Try to avoid Friday draws.

All blood samples should be sent to the following address:

**Ramon Brugada
Masonic Medical Research Laboratory
2150 Blecker St
Utica, NY 13501
Telephone: (315) 735-2217
Fax: (315) 735- 5648**

Please check that you have labeled the tube(s) and the Fed Ex mailing label. For international samples you need to enclose the customs declaration form. We will notify you as soon as the samples arrive. Thank you for your help in this study.